



The Center for Balanced Living

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INTERNATIONAL DREAM COACH REVEALS 26 PROVEN STRATEGIES FOR SUCCESS

In today's competitive job market, many professionals are either starting their own businesses or wondering how they can continue to grow, given the state of the economy. They are searching for answers ranging from, "how can I pursue my dreams without ending up in the poorhouse?" to "how can I expand my business or organization while balancing the needs of my family?" Beginning this month, individuals now have a new resource to help them find answers to those career-altering questions.

Stacey Mayo, Master Certified Coach and author of the new book "*I Can't Believe I Get Paid To Do This!*" has coached thousands of people through The Center for Balanced Living (www.balancedliving.com), which she founded in 1995. She says "People want to have a career they can be passionate about while maintaining the lifestyle to which they have become accustomed."

"Most people end up settling because they don't believe they can have both," Mayo says. "There is a tendency to suppress our dreams because of fear failing or becoming another 'starving artist'. When you focus on the starving artist or a struggling business venture, you are not likely to take action. To succeed you must focus on and learn from those who are already successful."

In her book, Mayo helps readers do just that by inviting them to listen-in on her in-depth conversations with eight remarkable people who have overcome obstacles to make their dreams come true such as a welfare mom who became a Grammy winner and a high school dropout who went bankrupt before earning his first million online. Moreover, she guides readers on how they can succeed with 26 proven strategies for turning your dreams into reality -- strategies such as how to create new opportunities with creative alliances; how to create money in alignment with your passions; and how to design your life around your priorities to name a few.

This book is ideal for entrepreneurs and other professionals who are ready to expand their level of success; career changers; creative individuals and those wanting to create a greater level of financial independence. Mayo hopes this book will inspire readers and show them that their dreams are possible. It also provides coaching questions and action steps to help you move forward with your goals in a way that works best for you.

"It is great to be inspired by those who are living their dreams – it is even better to be living your own dreams," she says.

More information about "*I Can't Believe I Get PAID To Do This!*" including how to purchase it is available online at www.igetpaidtothis.com.

Stacey is an outspoken and inspiring speaker who empowers people to get out of their own way. For media interviews or additional information, contact Mayo at (770) 643-0886 or go to <http://www.igetpaidtothis.com/for-the-press.htm>

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